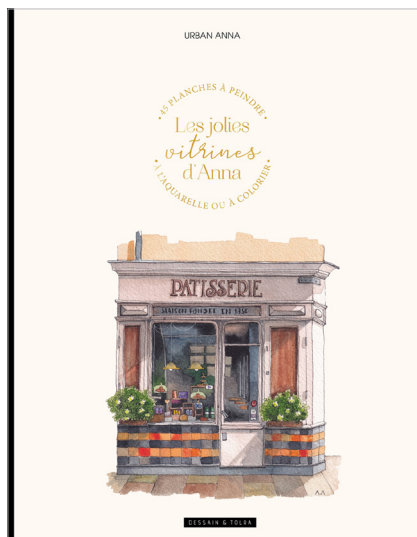




CRAFTS & HOBBIES





€18.90 incl. VAT
22 May 2024
code: 6103377
210 x 270mm
96 pages
Hardcover



ANNA'S PRETTY WINDOW DISPLAYS TO COLOR

Les jolies vitrines d'Anna
Crafts & hobbies

Urban Anna

THE BOOK

Let's open our eyes and admire the beauty of the window displays and storefronts we pass by every day without really noticing them!

In this beautiful book, you'll find 45 detailed, delicate illustrations to paint in watercolor or to color: bookstores, tea rooms, charming bistros... Each page is pre-cut and printed on watercolor paper for easy coloring. Enter the delicate, cozy world of illustrator Urban Anna, and let yourself be enchanted by her pretty window displays.

KEY ARGUMENTS

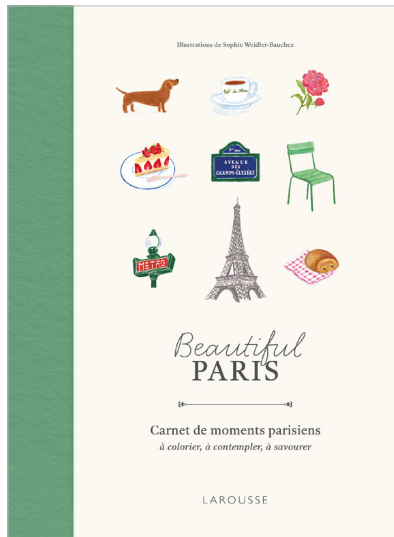
- A warm and colorful illustration style for a cozy moment of coloring.
- A luxurious and sophisticated object perfect for a gift!
- A trendy, international subject: "drawing challenges" are all over the internet.

THE AUTHOR

Astrid, also known as **Urban Anna**, is a Dutch self-taught artist whose work is colorful yet gentle, and in which every stroke tells a story. She loves to share her illustrations and watercolor painting techniques with the world!

All rights available.





€18.95 incl. VAT
 19 June 2024
 code: 7203836
 176 x 243mm
 144 pages
 Hardcover



BEAUTIFUL PARIS

Beautiful Paris : carnet de moments parisiens
 Crafts & hobbies

THE BOOK

Magnificent squares, secret courtyards, elegant buildings, buzzing bistro terraces and stunning gardens... Paris invites you to dream!

Discover the hidden and picturesque Paris with this sumptuous book filled with illustrations, coloring sheets, stories about the French capital and gourmet recipes! Its pages invite you to embark on a paper journey: a stroll through the Tuileries gardens, a moment of contemplation on the river Seine, a literary stroll through the bookshops...

KEY ARGUMENTS

- For any occasion, a lovely souvenir of Paris!
- An elegant and luxurious book object with coloring pages and recipes!
- Delicate, charming illustrations for an escape through Paris, the City of Light.

A LOOK INSIDE



All rights available.





€19.95 incl. VAT
4 September 2024
code: 1043434
200 X 240mm
144 pages
Hardcover



WATERCOLOR MONOGRAMS

Monogrammes à l'aquarelle
Crafts & hobbies

Blanche Tristant-Phelipot

THE BOOK

This beautiful book, updated for modern times, offers a selection of monograms, adorned with delicate watercolor designs, making them ideal for framing, invitations or personalized birth presents. In this practical guide, the author shares her techniques and tips for creating watercolor monograms: choosing materials and colors, the letter and motif, or simply following one of 10 step-by-step models!

KEY ARGUMENTS

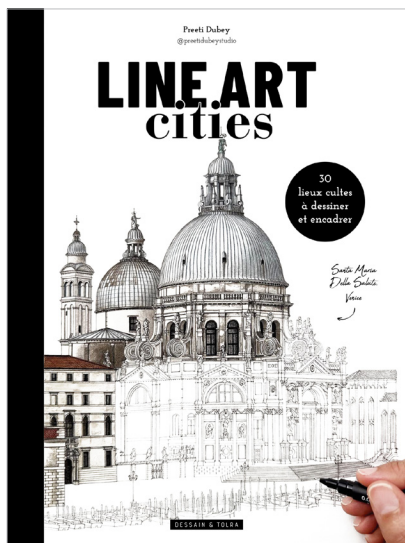
- Exotic or rustic flowers, coats of arms, landscapes, seascapes: the possibilities are endless.
- Decorated letters and illuminations have adorned manuscripts since the Middle Ages and are coming back in style!
- A guide offering techniques and tips for successful floral and poetic watercolor creations.
- The perfect gift to satisfy your creativity!

THE AUTHOR

As a former stylist and textile designer, **Blanche Tristant-Phelipot** has been a full-time illustrator since 2018. Her love for watercolors and her passion for flowers and plants are evident in her designs, created with paintbrushes.

All rights available.





€17.90 incl. VAT
25 September 2024
code: 7759952
64 pages
210 X 270mm
Hardcover



ZENLINE: LINE ART CITIES

Zenline - Line Art Cities
Crafts & hobbies

Preeti Dubey

THE BOOK

As you flip through the pages, beautiful illustrations in light-blue grooves invite you to trace their lines and shapes to bring the original drawings to life. As your pen or pencil glides across the paper, the magical images help your mind escape to a quiet place.

Start wherever you like and feel free to create what you will!

- A moment of self-care to gently centre yourself and calm your thoughts: just 20 minutes will do the trick!
- A low-stakes relaxation exercise which everyone can succeed at since the grooves guide your pencil: you focus on the movement, the speed of the pencil on the paper, etc.

KEY ARGUMENTS

- Drawings to trace: an all-new, exclusive concept.
- The book features a carefully studied layout and gorgeous, inspiring drawings.

OTHER TITLES



Totem Animals
code: 3863766
14 February 2024
144 pages
180 X 220mm
12.95€ incl. VAT
Softcover



Wonderful Mandalas
code: 3864874
14 February 2024
144 pages
180 X 220mm
12.95€ incl. VAT
Softcover



Flowers and Bouquets
code: 3864504
14 February 2024
144 pages
180 X 220mm
12.95€ incl. VAT
Softcover

All rights available.

LAROUSSE



€14.95 incl. VAT
 24 May 2023
 code: 2966351
 96 pages
 200 X 265mm
 Softcover



MYSTERY COLORING BOOKS – AMAZING NATURE

Coloriages Mystère – Incroyable nature
 Crafts & hobbies

THE COLLECTION

Relax and escape through 40 mystery colorings!

Discover the wonderful destinations that are hidden on these boards to color by number! Enjoy a playful and creative moment, which combines the pleasure of discovery with the soothing benefits of art therapy.

KEY ARGUMENTS

- A successful series perfect to discover artworks in a fun and relaxing way.
- Large-format graphic plates, easy to color for a satisfying visual result.
- A very popular type of activity.

OTHER TITLES



Wonderful trips
 code: 2462252
 February 2023
 200 X 265mm

Manga universe
 code: 8127770
 18 September 2024

Wonderful animals
 code: 5761225

Mandalas Spirit
 code: 8127893
 18 September 2024

Through the Seasons
 code: 3930654

Witches' power
 code: 3931023

Energy & Divination
 code: 8611487

Flowers and Bouquets
 code: 5849132

All rights available.





€16.95 incl. VAT
15 May 2024
code: 2965982
192 pages
Softcover



LEARN TO DRAW ANYTHING

Apprendre à tout dessiner

Crafts & hobbies

Zéphyr

THE BOOK

How to improve your drawing skills?

When you start drawing, it's common to feel lost, unsure where to be. Many people want to learn everything at once! That's why the author of this really practical guide has developed a simple method to help any beginner get started.

1. We break down each drawing into different skill categories.
 2. We learn step-by-step how to progress in each category.
 3. We practice with exercises designed to speed progress.
- A pencil, an eraser and 15 minutes a day... let's go!

KEY ARGUMENTS

- A small, paperback book easy to carry wherever you go and a lay-flat binding so it stays open when you're using it.
- A fun teaching method that delivers basic techniques so you can find your own style and learn to draw independently.
- Zéphyr Illustration: online training and an Instagram account that have won over more than 100,000 drawing enthusiasts!

THE AUTHOR

Zéphyr is a creative and enthusiast drawing instructor. With a website that gives access to online trainings, she helps beginners improve their drawing skills exponentially. Her blog, Instagram account and some free classes allow her to keep her students motivated and dedicated to learning more about drawing.

Previous rights sold:
English, German.





€12.95 incl. VAT
 18 September 2024
 code: 8128754
 140 pages
 165 X 165mm
 Hardcover



MY LITTLE BREAK – MY LOVELY DAILY LIFE IN WATERCOLOR

Ma petite pause – Mon joli quotidien à l'aquarelle
 Crafts & hobbies

THE COLLECTION

These two-in-one books contain everything you need to get you started with creative projects!

As practical guides containing technique instructions and tips, as well as templates, you can easily create your first designs and give free rein to your inspiration. Origami, watercolors, manga or kawaii drawings, or even embroidery, this series offers the perfect all-in-one solution when you're looking for a little artistic break! Creating has never been so easy!

KEY ARGUMENTS

- An innovative concept: with techniques on the left-hand side, and templates on the right-hand side!
- Including an overview of the different techniques and skills you will need to know, and templates to get you inspired and creating endlessly.
- A series with trendy and timeless topics to appeal to everyone!
- Ideal for beginners and those in need of inspiration.



Learn To Draw Manga
 code: 8128631
 18 September 2024

PREVIOUS TITLES

Embroidery
 code: 5808622
 10 April 2024

Watercolour
 code: 6063963

Kawaii Drawings
 code: 5808007
 10 April 2024

Zen Colouring
 code: 6063840

Origami
 code: 6063471

All rights available.





€19.90 incl. VAT
25 October 2023
code: 8278343
216 x 242mm
128 pages
Hardcover with wire'o

MY CAT AND ME

Mon chat et moi
Crafts & hobbies

Doctor Jean Cuvelier

THE BOOK

For all the cat lovers, this album puts the spotlight on your favorite pet: collect anecdotes and special moments and glue the best photos!

Remember the best moments in your little friend's life. From his arrival at home to his passion for the sofa and his funniest tricks, build up your cat's personal album day by day. You'll also find in this book a wealth of information, written by a veterinary about your cat's superpowers, habits and favorite games, and much more...

KEY ARGUMENTS

- Including a magnificent poster to complete with your cat's most beautiful photos.
- Cats, pets their owners love and cherish.
- An elegant album for an ideal gift.
- A memory book for your best companion.

THE AUTHOR

Doctor Jean Cuvelier is responsible for a home veterinary service. He is already the author at Larousse of *Happy Cats Don't Like Slamming Doors* as well as *Meow, Guide of the Cat's Language*. He also regularly collaborates with general public magazines.

All rights available.



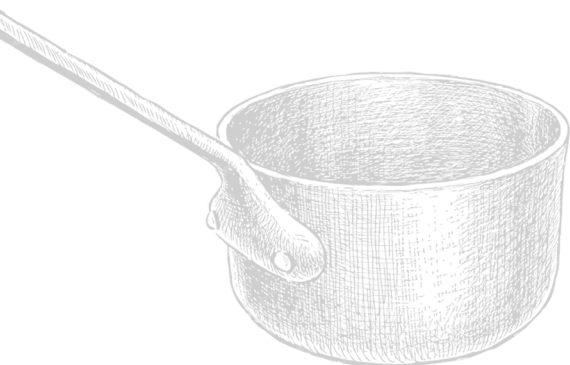


COOKING





€32.95 incl. VAT
9 October 2024
code: 7640291
256 pages
215 x 280mm
Hardcover



WHEN CHEFS GO HOME

Quand les chefs rentrent à la maison
Cooking

Rémi Dechambre

THE BOOK

What do chefs eat on Sundays? Almost like everyone else!

Discover the Sunday recipes of 80 top chefs and immerse yourself in the gastronomic heritage of France's beautiful regions! The perfect book to discover emblematic cheeses, learn the perfect balance between food and wine, uncover the secrets of classic dishes and products, and (re)discover the portraits of chefs who have shaped the French gastronomic landscape! In addition to their signature recipes, each chef reveals the story behind the dish or dessert they've chosen. Cédric Grolet, Yann Couvreur, Alain Ducasse, Juan Arbelaez, Anne-Sophie Pic, Cyril Lignac, Nina Métayer... discover their secrets and favorite meals.

KEY ARGUMENTS

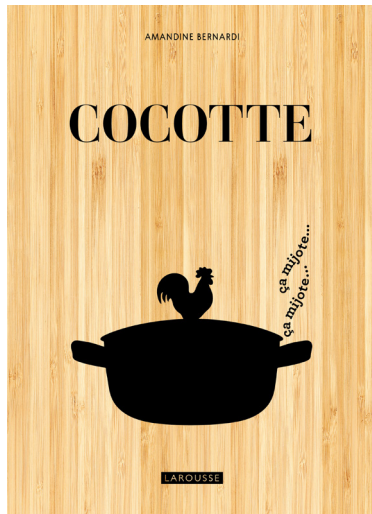
- Photos and gourmet recipes.
- A beautifully manufactured book composed of 80 recipes from emblematic, renowned chefs!
- A book to treat yourself and learn more about cookery.

THE AUTHOR

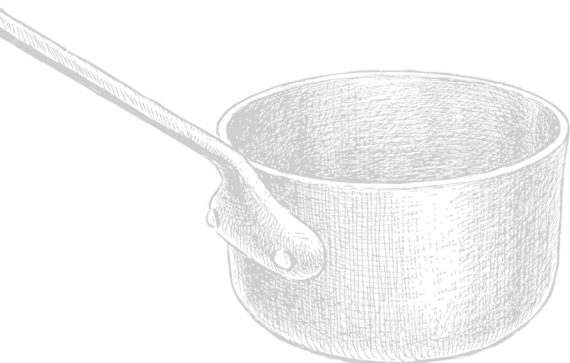
Rémi Dechambre is a journalist and food critic. For the past 10 years, he has been working for *Le Parisien Magazine* with celebrity chefs, who share anecdotes and tips about the ultra-easy recipes they love to cook at home with their families.

All rights available.





€34.95 incl. VAT
30 October 2024
code: 7695942
224 pages
195 x 260mm
Hardcover



CASSEROLE DISH

Cocotte
Cooking

Amandine Bernardi

THE BOOK

Timeless, the casserole dish is perfect for (almost) everything!

The star of family meals, appreciated for its longevity and uniform cooking, the cast-iron casserole is a dish that has lived through the ages! Discover 100 recipes for simmered meals, soups, roasts, breads and even a few desserts... Classics—including blanquette, pot-au-feu, osso buco, bourguignon, roast veal, and more—as well as tajines, chicken colombos and other Oriental and Asian dishes, guaranteed to excite your taste buds!

KEY ARGUMENTS

- Cast-iron casseroles are becoming trendy again and have never been out of style!
- A gift book that stands out thanks to its wooden cover and a cut-out revealing the shape of a cocotte.
- Plenty ideas and practical advice to succeed various meals!

THE AUTHOR

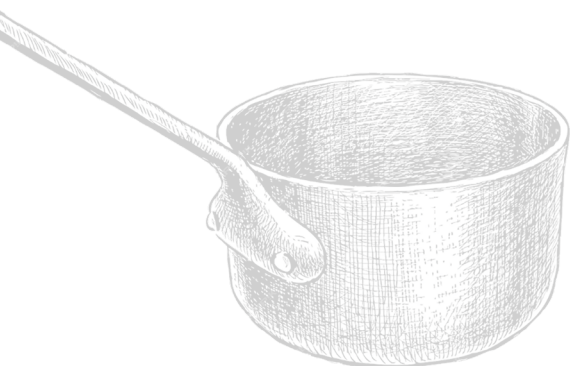
Amandine Bernardi shares her light and seasonal recipes to delight the family for every occasion. She already published a dozen of cookbooks with Larousse (*At the end of this book you'll love veggies*, *What's for dinner tonight*, and even *My little healthy desserts*).

All rights available.





€35.95 incl. VAT
 code: 6827504
 2 October 2024
 312 pages
 230 x 280mm
 Hardcover



LE CORDON BLEU – CHOCOLATE SCHOOL

Le Cordon Bleu – L'École du Chocolat
 Cooking

Le Cordon Bleu

THE COLLECTION

With this series of beautiful and complete culinary books, Le Cordon Bleu reveals all its secrets to become a real chef!

Discover delicious recipes, with step-by-step instructions and beautiful illustrations to better understand the different stages. Follow the guidelines of expert chefs, renowned in their field, as they share techniques and tips to help you succeed in even the most complex recipes. From basic preparations to the final touches, including a detailed glossary of culinary terms, these books are bursting with information and advice to learn all the indispensable skills. Pastry or chocolate-making, confectionery, baking... the world of the culinary arts will no longer hold any secrets for you!

KEY ARGUMENTS

- Le Cordon Bleu: an industry-leading establishment, composed of specialists and chefs who excel in their field.
- Step-by-step instructions to successfully cook or bake like a chef!
- Successful cookery titles that have been published all over the world.

THE AUTHOR

Established in Paris in 1895, **Le Cordon Bleu®** is an internationally renowned establishment offering culinary, pastry, bakery and oenology training courses for professionals and amateurs alike. The teaching team is made up of world-class chefs, specialists, and gastronomy professionals. The school offers top-level knowledge and expertise and passes on its passion for the culinary arts to its students year after year.

Photographers: **Charly Deslandes** and **Emmanuelle Levesque**

PREVIOUS TITLES

Confectionery
 School
 code: 1380251

Pastry School
 code: 6528050

Bakery School
 code: 6436814

Previous rights sold:
 German, Spanish, Chinese simplified & complex, Portuguese, Korean, English, Italian, Polish, Hungarian.





€35.95 incl. VAT
code: 8644457
16 October 2024
272 pages
195 x 250mm
Hardcover

THE LAROUSSE BIBLE OF SHOTS AND COCKTAILS

La bible Larousse des shots et cocktails
Cooking

Sandrine Houdré-Grégoire

THE BOOK

Become an expert in the art of cocktails and discover new creations through this essential bible for all cocktail fans!

Mojito, Daiquiri, Tequila sunrise, Moscow mule, White Russian, Cosmopolitan, Margarita, Spritz, Gin tonic... Discover all the great classics, as well as imaginative and surprising creations, with over 400 cocktail recipes, both alcoholic and non-alcoholic! Which ingredients to use with each spirit? How to maintain a balance of flavors? What equipment is essential? These are just some of the questions answered in this book, to help you understand the art of mixing, and let your creativity shine through.

KEY ARGUMENTS

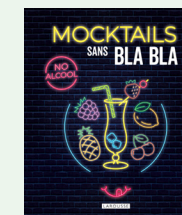
- A beautifully illustrated and manufactured cocktail bible!
- A special section on non-alcoholic cocktails, a new trend.
- A timeless theme: with or without alcohol, cocktails have always been a trend and inspiration!

THE AUTHOR

Awarded France's best mixologist, **Sandrine Houdré-Grégoire** has travelled to some of the world's most beautiful places to learn her art: mixology, also known as the art of mixing. She is the author of numerous books and cocktail kits published by Larousse.

All rights available.

OTHER TITLE



Cooking With Pictures
Only – Mocktails
code: 1179411
02 October 2024
190 x 232mm
224 pages
€19.95 incl. VAT
Hardcover





€19.95 incl. VAT
25 September 2024
code: 7695572
224 pages
195 x 260mm
Hardcover

THE GREAT AIR FRYER BOOK

Le grand livre du Air Fryer
Cooking

Amandine Bernardi

THE BOOK

Prepare easy, tasty and healthy recipes with little to no oil!

Discover 100 recipes to enjoy delicious meals without using oil! Suitable for all air fryer machines on the market, to allow you to eat crispy yet light all year round! French fries, chicken nuggets, fish & chips, shrimp tempura, roast beef, gratins, churros, donuts... A wide range of guilt-free treats!

KEY ARGUMENTS

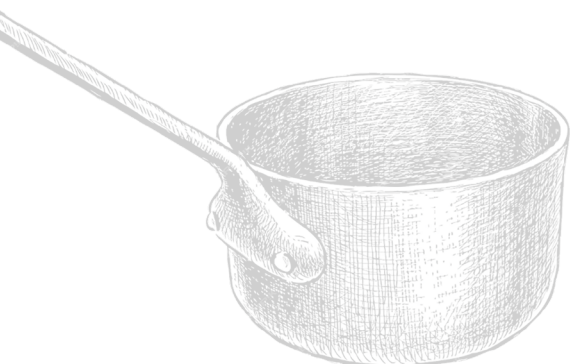
- A cooking method that is both energy- and calorie-saving.
- Recipes to suit every air fryer on the market!
- The air fryer, a trendy topic and the new ally to simplify life in the kitchen!

THE AUTHOR

Amandine Bernardi shares her light and seasonal recipes to delight the family for every occasion. She already published a dozen of cookbooks with Larousse (*At the end of this book you'll love veggies, What's for dinner tonight, and even My little healthy desserts*).

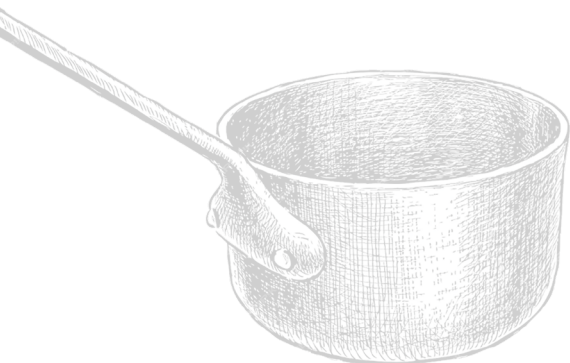
Photographer: **Fabrice Veigas**

All rights available.





€25.95 incl. VAT
18 September 2024
code: 7476549
168 pages
215 x 280mm
Hardcover



ILLUSION CAKES

Gâteaux trompe l'œil

Cooking

Thibaut Lefils

Emily Misson

THE BOOK

30 easy, delicious recipes that will surprise everybody.

Delight your guests with cakes that are as mind-blowing as they are delicious! A piece of sweet bread? Surprise! An avocado hiding a fruit tart? You bet! A squash filled with creamy mousse? Nothing could be simpler! A wonderful combination of creativity to teach you 30 bluffing recipes with step-by-step instructions, for true-to-life results!

KEY ARGUMENTS

- Trendy and fun topic, seen everywhere on social media.
- Clear step-by-step explanations and illusion cakes recipes for all levels!
- Delicious cakes that will surprise your family and friends!

THE AUTHORS

Thibaut Lefils, has a master's degree in nutrition and food science, and endless imagination.

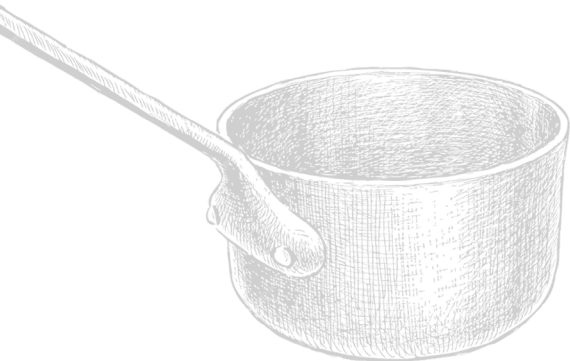
Emily Misson, a young Belgian pastry enthusiast, combines sweetness and comfort in her cakes...

All rights available.





€19.95 incl. VAT
4 September 2024
code: 5869937
80 pages
190 x 232mm
Hardcover



THE COOKBOOK THAT REPLACES ALL OTHERS

Le livre de recettes qui remplace tous les autres
Cooking

Marie-Élodie Pape

THE BOOK

Discover the must have book for easy evening meals!

Here you will find all the basics, along with loads of little twists, to keep things exciting. Savory cakes, omelets, quiche, brik pastries, lasagna, puff pastries and more. Learn to make 30 basic recipes along with four variations for each, which you can choose from according to your preferences and what you have in the fridge! This book is your new essential to prepare your dinner easily.

KEY ARGUMENTS

- A real book-object with laminated pages, incredibly practical.
- Simple recipes with a variety of ideas for everyday cooking.

THE AUTHOR

Marie-Élodie Pape decided to dive into the world of food styling and photographing. She has always been creative and passionate about inventive recipes. Mainly with Larousse, she was able to give life to her ideas and create delicious, nutritious recipes, that are as good on paper as they will be in your mouth.

Photographer: **Aimery Chemin**

All rights available.





€14.95 incl. VAT
11 September 2024
code: 7472732
96 pages
185 x 235mm
Softcover

MY CUTE LITTLE DESSERTS

Mes petits desserts à croquer

Cooking

Bérengère Abraham

THE BOOK

You will fall in love with this book of supercute and easy to prepare recipes!

Brioche in the shape of chubby teddy bears, dog cookies, flowery pastries, bunny macarons... Put a little tenderness in your baked goods! These 40 recipes offer a real dose of cuteness, but are still very easy to make, with no technical challenges: follow the simple steps to make them a success every time and enjoy young and grown-ups alike melt!

KEY ARGUMENTS

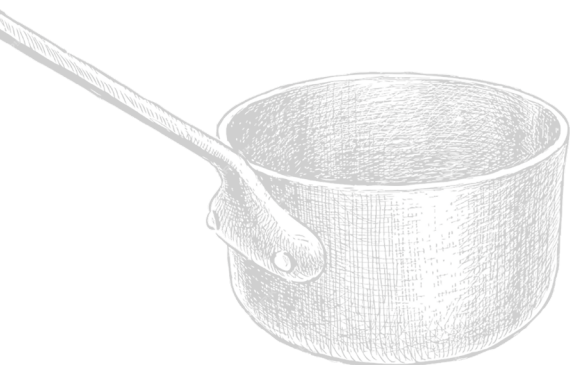
- An extremely cute book, in both form and content.
- Easy, step-by-step recipes for guaranteed success!
- An instant hit!

THE AUTHOR

A graduate of the Toulouse School of Fine Arts, **Bérengère Abraham** works as a food stylist for advertising and the press. She is the author of numerous books published by Larousse.

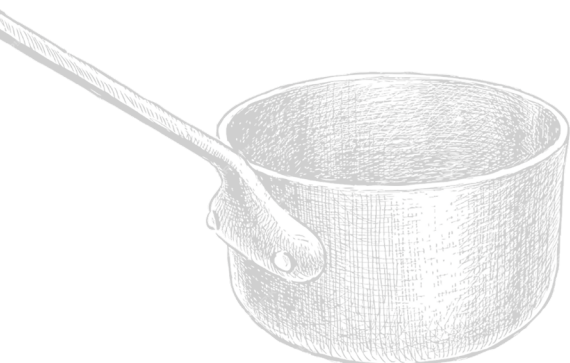
Photographer: **Fabrice Besse**

All rights available.





€19.95 incl. VAT
code: 7641276
11 September 2024
224 pages
190 X 232mm
Hardcover



COOKING WITH PICTURES ONLY – ASIAN RECIPES

Recettes asiatiques sans bla bla
Cooking

THE COLLECTION

Because cooking should never be a headache, discover over 100 recipes to make, step by step and hassle-free!

Do you want to cook, but not decode 25 lines of recipes? Can you appreciate a good dish but hate the idea of spending 2 hours in the kitchen? In this series, spend less time making and more time enjoying your meal with these easy-to-follow recipes. Each one is effortless to make for yourself or your guests. Here you'll find just the essentials in pictures: add up the +s and follow the arrows. As sure as 1 + 1 is 2, these recipes will work wonders for you!

KEY ARGUMENTS

- Colorful and fun step-by-step instructions with beautiful photographs.
- Over 100 classic and creative recipes to make in a flash!
- Trendy and delicious themes: Asian, express or special kids recipes, and more!
- A successful series: more than 120,000 copies sold, to make everyday cooking easy!

PREVIOUS TITLES



Salad Meals
code: 5864149
2 May 2024



Starting Now!
code: 2831887
31 January 2024



The Good French
Cooking
code: 1778296



Special Kids
code: 5186270

All rights available.





€27.95 incl. VAT
code: 7716759
18 October 2023
352 pages
204 x 242mm
Hardcover

PETIT LAROUSSE OF GOOD FRENCH COOKING

Le petit Larousse illustré de la Bonne cuisine française
Cooking

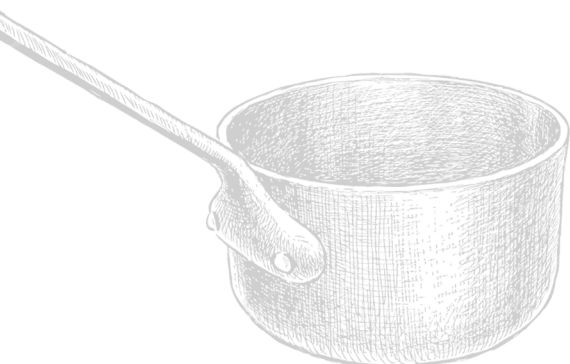
THE COLLECTION

A reference series, with updated content and a trendy layout!

Discover a cookbook with 200 to 350 varied recipes for all occasions in each title! Illustrated step-by-step to have full knowledge of the basics of cooking, pastry, and mixology. Tips and advice on the equipment to use and innovative variations on food. Several pictograms help you distinguish between the most convenient recipes for you (light, quick, make-ahead meals, allergy-friendly, etc.)

KEY ARGUMENTS

- The quality of a Petit Larousse in a new modern and elegant layout.
- Adapted to all kinds of cooks: from beginners to experts, this collector's edition will suit everybody.



PREVIOUS TITLES

Cooking
code: 5154878

Easy Cooking
code: 5180499

Pastry
code: 6554244

Cocktails
code: 8644704

Light Cooking
code: 8162078

Macaroons,
Cupcakes and
Little Cakes
code: 2744617

Aperitif
code: 5931795

Vegetarian
code: 6530881

Previous rights sold:
Spanish, Chinese simplified, English,
German.





€35.95 incl. VAT
4 September 2024
code: 7479997
400 pages
200 x 260mm
Hardcover

LAROUSSE OF JAMS

Le Larousse des confitures

Cooking

Christine Ferber

THE BOOK

This book is a wealth of ideas for making, savoring and gifting jams all year round!

Discover the incomparable flavor of homemade jams, jellies, and compotes, with traditional recipes as well as more original ones featuring subtle blends, or healthier versions with natural sugars... Grab your aprons, as step-by-step instructions and techniques will be easy to apply!

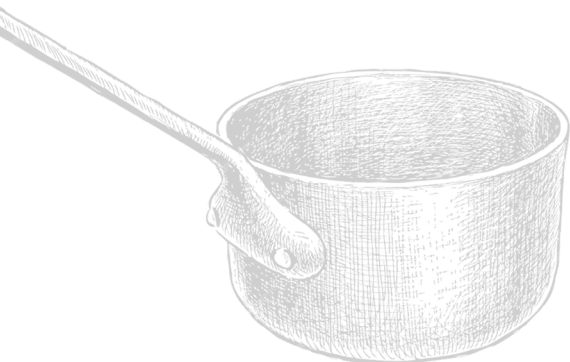
KEY ARGUMENTS

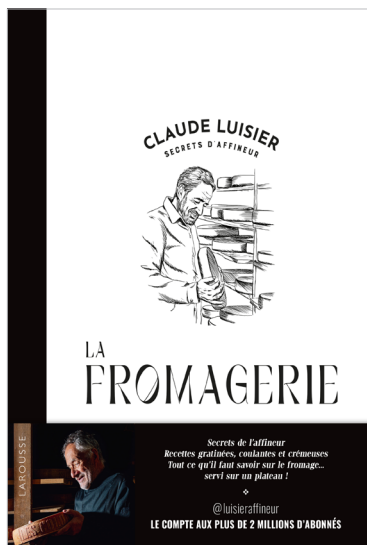
- Adapted to all kinds of cooks: from beginners to experts, this edition will suit everybody.
- The quality of Larousse on a topic that comes back in style and attracts a steadily growing audience!
- More than 40,000 copies sold of the first edition.

THE AUTHOR

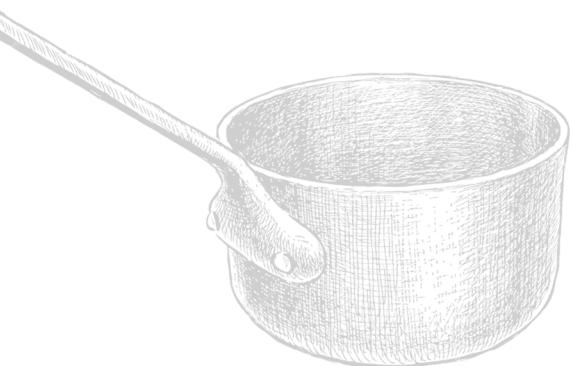
Christine Ferber, known in the press as the Jam Fairy, is a gastronomic celebrity. Her jams are world-famous and served in the world's finest hotels. Whether in Spain, Germany, the UK or Japan, her expertise knows no borders, and she is praised by chefs such as Pierre Hermé and Alain Ducasse. She has also taught in France, Italy, Japan and the United States, at the French Pastry School in Chicago.

All rights available.





€29.95 incl. VAT
18 October 2023
code: 6281036
256 pages
204 x 278mm
Hardcover



THE CHEESE FACTORY

La fromagerie

Cooking

Claude Luisier

THE BOOK

Everything you want to know about cheeses (including the secrets of a great professional) as well as ultra-tasty recipes!

Explore a panorama of cheeses from France and around the world, with their specific characteristics, in a beautiful book filled with magnificent illustrations, anecdotes, information and delicious cheese recipes. A real treat! With highly illustrated, surprising and particularly instructive thematic pages.

KEY ARGUMENTS

- A skillful blend of knowledge and pleasure to celebrate a jewel in the crown of gastronomy.
- Cheeses are products of growing popularity worldwide.
- A beautifully crafted book.

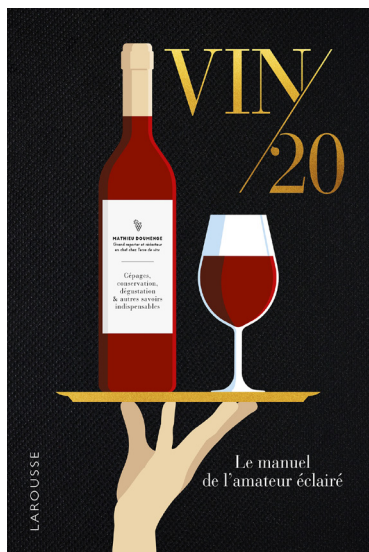
THE AUTHOR

Claude Luisier has been refining cheese for almost three decades. High up in his mountain in the Swiss Valais, he has captured the hearts of millions on the internet with his outspokenness, humor and vast knowledge of cheeses.

Photographer: **Sophie Dumont**

Rights sold:
Japanese, English, German.





€29.95 incl. VAT
2 November 2023
code: 6255678
256 pages
202 x 277mm
Hardcover

THE LAROUSSE WINE BOOK

Vin/20

Cooking

Mathieu Doumenge

THE BOOK

Discover grape varieties, storage, tasting and other essential wine knowledge in this ultra-illustrated, modern guide!

If you're looking to expand your knowledge of wine without a boring encyclopedia or simplistic summaries, this guide is for you! Learn how to choose a good wine, how to store it and match it to your meal. Decipher its label or bottle shape and find out a little more about its conception and geographical origins. This book offers it all including a world tour of grape varieties by using maps and numerous infographics.

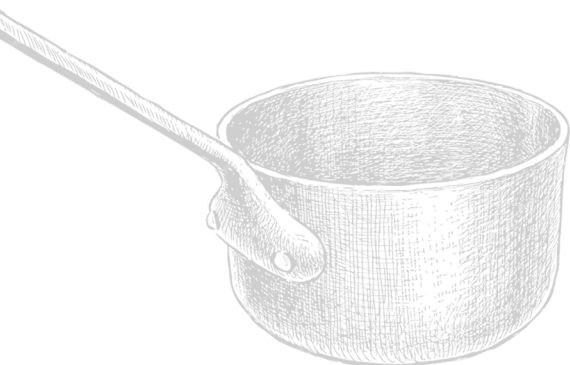
KEY ARGUMENTS

- The perfect book for the enlightened wine-lover in a fast-changing wine world.
- Wine profiles from around the world, with a wealth of information and tips.
- A highly illustrated guide with a dynamic layout and a very accessible tone.

THE AUTHOR

Mathieu Doumenge is a journalist specializing in French gastronomy, wine and the art of living. He regularly travels the French countryside discovering the diversity of its terroirs. Author of books on wine, he also works for *Terre de Vins* magazine.

Rights sold:
Dutch.





SELF-HELP
&
WELL-BEING





€16.95 incl. VAT
11 September 2024
code: 6948278
256 pages
180 X 220mm
Softcover

THE HEALTH GUIDE FOR WOMEN

Le guide de santé des femmes
Self-help & well-being

Julie Cantournet
Alexia Cornu

THE BOOK

Perineum, abdominals, digestion... all the keys to prevent and relieve pain!

This guide dedicated to women's health combines the knowledge of female physiology and expertise of sports to give readers all the solutions they need to take control of their daily well-being. Women's lives are punctuated by key moments: the menstrual cycle, pregnancy, post-partum, menopause... which gives rise to all kinds of ailments (digestive problems, pelvic pain, fragile perineum, unstable abdominal muscles...). Through specific advice and accessible exercises, it's possible to gain in comfort, energy and well-being, so you can enjoy life at every moment!

KEY ARGUMENTS

- A practical, everyday guide for women's health, an important matter!
- With specific advice and simple exercises to adapt for everybody.
- From authors who specialize in women's physiology and have longterm experience!

THE AUTHORS

Julie Cantournet is a physiotherapist specializing in abdominal-perineal rehabilitation.

Alexia Cornu is a university-qualified sports coach and expert in female physiology.

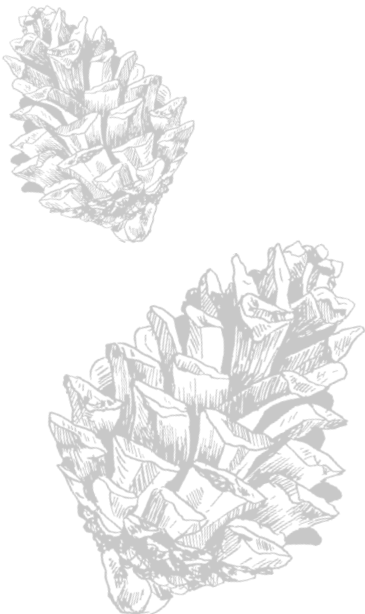
They have developed expertise in healthy nutrition, sport for all and perineal rehabilitation, with the aim of helping women feel aligned, fulfilled and in full possession of their bodies.

All rights available.





€17.95 incl. VAT
 20 March 2024
 code: 6254070
 176 pages
 195 X 260mm
 Softcover



MY ANTI-INFLAMMATORY ROUTINE

Ma routine anti-inflammatoire

Self-help & well-being

Sofiane Khaya

THE BOOK

Adopt a new anti-inflammatory diet to get back to the joy of eating!

You suffer from an inflammatory condition and are looking for a guide to help you choose the right foods and create delicious meal plans suited to your needs? You're looking to take control of your health? Enjoy 45 healthy and delicious recipes specially designed to ease inflammatory conditions. They'll ensure you get plenty of vitamins and help you take back control of your body.

Nutritional coach Sofiane Khaya, specialized in anti-inflammatory diets, will teach you everything you need to know about inflammatory conditions, including their causes and how to limit their impact with a suitable diet! He will also guide you through a holistic approach to anchor your new habits in your daily life and create a comprehensive well-being routine.

KEY ARGUMENTS

- A health and well-being topic that impacts many people: autoimmune diseases and other inflammatory diseases (multiple sclerosis, endometriosis, type 1 diabetes, etc.) and food intolerances (gluten, allergies, etc.).
- More than 8,000 copies already sold!

THE AUTHOR

Sofiane Khaya gives advice on personal growth, love, happiness, and all the good things you can have in life, such as in food! With a holistic approach, easy recipes, and accessible ingredients, Sofiane Khaya writes books to help people gain or regain a healthy diet, and deal with the autoimmune diseases.

All rights available.

OTHER TITLE



The Keys to Cycle
 syncing

Anais Da Silva
 code: 6487116
 28 August 2024
 180 x 220mm
 128 pages
 €15.95 incl. VAT
 Softcover





€14.95 incl. VAT
28 August 2024
code: 6344336
128 pages
140 X 205mm
Softcover

SELF-MASSAGE FOR WELL-BEING

Automassages bien-être
Self-help & well-being

Izabella & Joël Savatofski

THE BOOK

The basics for stomach, face, hands, feet and more!

A complete guide with 50 incredible self-massages to promote well-being, health, and beauty with gestures to drain, soothe, energize, and firm up every part of your body, from head to toe. You'll find a cooling ritual to relax the face, head and neck; energetic gum "brushing" to promote digestion; comprehensive belly kneading to relieve tension; and special sessions to reduce wrinkles and cellulite. For each massage, discover illustrated step-by-step instructions and a detailed list of benefits.

KEY ARGUMENTS

- This book serves as a reference guide, covering a broad range at-home rituals for beauty and health.
- Easy, effective and quick!



THE AUTHORS

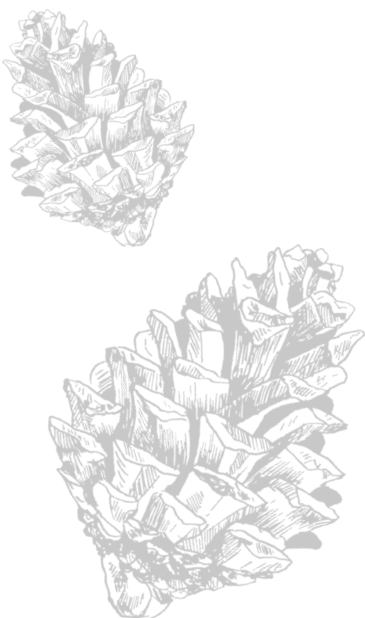
Created in 1986, the **Joël Savatofski massage school** (IFJS), the first wellness massage school, offers a wide choice of internships and professional training for all audiences. For caregivers more specifically, *Toucher-massage*® training provides relational tools and an effective non-drug method to relieve pain and approach care in a more authentic and human relationship.

All rights available.





€29.95 incl. VAT
 2 October 2024
 code: 8606201
 448 pages
 195 X 235mm
 Hardcover



THE PETIT LAROUSSE OF HERBALISM

Le Petit Larousse de l'herboristerie
 Self-help & well-being

Carole Minker

THE BOOK

Cultivate your health!

Arnica, cornflower, eucalyptus, gentian, sage, vervain... these common plants with medicinal virtues can be used in all their forms (infusions, decoctions, syrups, essential oils...) to relieve everyday aches and pains, treat seasonal illnesses, assist in the treatment of chronic diseases... In this book, you'll discover advice and suggestions to 100 common disorders and illnesses. For each, characteristic symptoms, suggested treatments using phytotherapy, aromatherapy, gemmotherapy... and a detailed prescription (dosage, duration of treatment, precautions for use). Also included, nutritional advice and a description of 100 essential medicinal plants.

KEY ARGUMENTS

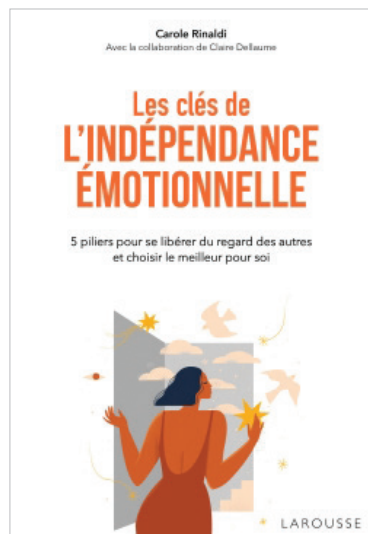
- Herbalism and phytotherapy are making a strong comeback as natural treatments!
- A reference work with serious, accessible content.
- With many illustrations and various nutritional advice!

THE AUTHOR

Carole Minker is Doctor of Pharmacy. A graduate in micronutrition, she also specializes in aromatherapy and homeopathy. She has written several books on the subject, published by Larousse.

All rights available.





€18.95 incl. VAT
3 April 2024
code: 6973708
224 pages
140 X 205mm
Softcover

THE KEYS TO EMOTIONAL INDEPENDENCE

Les Clés de l'indépendance émotionnelle
Self-help & well-being

Carole Rinaldi

THE BOOK

Do you believe your emotions are tied to your life circumstances? That your sadness is the product of a particular criticism or that your anger is due to an unkind remark addressed to you? Well, you're wrong. Your emotions are up to you alone!

Whether you receive support from others or face rejection, whether life is easy or hard, whether you feel like a success or a failure, you can choose to be happy. Underpinned by neuroscience research and the importance of healing inner wounds, this book will help you to achieve emotional independence and take control of your inner life. A host of tools and exercises for daily use will enable you to free yourself from the opinion of others and stop waiting for them to give you what you need!

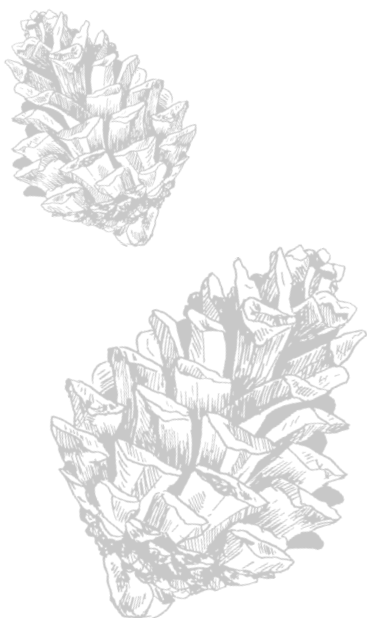
KEY ARGUMENTS

- A powerful new concept, an all-new approach to emotions.
- An emotional guide with five keys to loving yourself more, healing your inner wounds and maintaining quality relationships.

THE AUTHOR

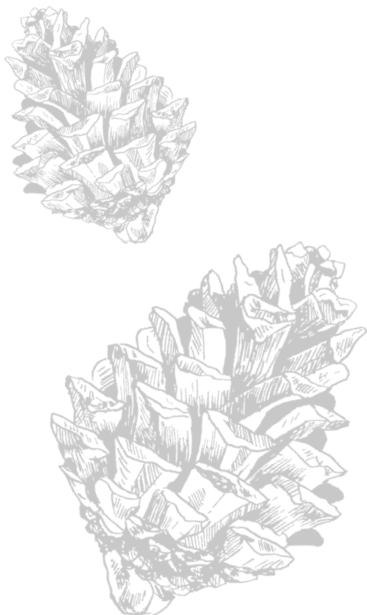
Carole Rinaldi is a life coach, consultant and trainer in personal development. She leads numerous seminars in France and abroad on awareness of the root problems hidden behind our emotional wounds.

Rights sold:
Chinese simplified.





€18.95 incl. VAT
3 April 2024
code: 3939256
224 pages
135 X 215mm
Softcover



NEGATIVE PATTERNS

Les Schémas répétitifs
Self-help & well-being

Christophe Carré

THE BOOK

Stop making the same mistakes and take control of your life!

We all create narratives of self from the stories our parents, teachers and society tell us, and from the ones we tell ourselves. So it's only natural that we are drawn to the familiar and tend to repeat the same patterns without realizing it. For example, you might always be drawn to romantic partners who hurt you or take jobs that don't suit you. This book helps readers to understand the mechanisms behind patterns (the psychology of engagement, cognitive biases, etc.) and provides tools (CBT, hypnosis, etc.) to break the cycle of repetitive behaviors, stop making the same mistakes, and take control of their lives.

KEY ARGUMENTS

- The book is designed to guide and support readers with examples and exercises to help them take control of their situation, beliefs, narratives, and patterns.
- Solid theoretical foundation: the author bases his approach on constructivism as well as on narrative therapy, social psychology, and engagement theory.

THE AUTHOR

Christophe Carré is a doctor in Information and Communication Sciences, specialist in conflicts and relational dysfunctions, certified professional mediator, trainer and coach. An expert in relational quality, his skills allow him to develop a multidisciplinary approach to conflicts, violence, social risks, and crisis situations. He is an author of numerous reference works on inter-personal communication, conflict regulation, group management, strategic influence.

All rights available.





€22.95 incl. VAT
5 April 2023
code: 8318394
252 pages
190 x 232mm
Softcover

THE FIRST 1,000 DAYS

Les 1000 premiers jours
Self-help & well-being

Dr Corinne Roehrig

THE BOOK

From conception to age 3: understanding and responding to your child's needs at each stage of his development

According to neuroscience studies, during the first 1,000 days, the child's brain is developing more than at any other time. It is a moment to lay some of the foundations for his/her life: by creating a secure and loving environment, notably enabling the emotional well-being of the toddler and assuring his growing up well. A book with very rich content: information summarised as infographics (the functioning of the brain, the "skills" of the newborn, growth curves, sleep rhythms, the introduction of a varied diet, how the senses evolve,...) and focus on subjects that are still debated such as co-sleeping and vaccination of infants.

KEY ARGUMENTS

- A reassuring book to help young parents understand their child.
- An author recognised for her action on health prevention.

THE AUTHOR

With 25 years' experience in prevention and health promotion, **Dr Corinne Roehrig** is a pioneer in the development of programs to enhance psychosocial skills and self-esteem.

Rights sold:
Spanish.





€16.95 incl. VAT
2 May 2024
code: 3909706
216 pages
180 X 220mm
Softcover

STOMACH VACUUM: THE SECRET TO A HAPPY BELLY

Stomach vacuum - Le Secret d'un ventre au top !
Self-help & well-being

Anouk Hamel

THE BOOK

The book presents:

- The wide range of benefits of a stomach vacuum practice, which go far beyond a flat tummy: better digestion, better bowel health, lower stress, hormonal balance and more.

This abdominal strength training technique—often known as "hypopressive ab training"—works deep muscles without putting pressure on the pelvic floor. An important option for both women and men!

- A four-week training programme which incorporates stomach vacuum techniques into a Pilates regimen.

KEY ARGUMENTS

- This abdominal core strengthening approach has many benefits and is risk-free for the pelvic floor—a major advantage for all!
- Stomach vacuum exercises are very trendy on social media.

THE AUTHOR

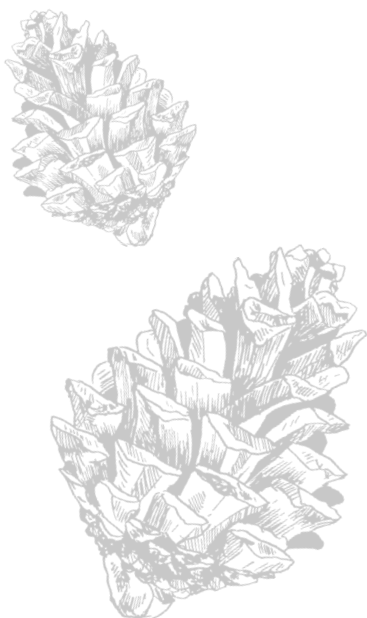
Anouk Hamel is a state-certified sports coach, (BPJEPS AGFF), Pilates instructor and entrepreneur. Motivated by her passion for sports, she sharpened her skills as a sports coach and Pilates instructor in some of the biggest gyms in Paris: Klay Paris, 21Blanche, Ken Club, Ritz Paris. In 2020, she created a method, "Body by Anouk", to help create long-term changes on the body, and the mind.

Rights sold:
German





€15.95 incl. VAT
2 May 2024
code: 5918568
128 pages
170 X 235mm
Softcover



INTRODUCTION TO WALL PILATES

Je m'initie au Pilates au mur
Self-help & well-being

Emilie Yana

THE BOOK

This book showcases all of the advantages and benefits of wall Pilates: thanks to additional anchor points, bodyweight is more evenly distributed so you can better target your postures to focus on deep muscle work. The technique is better suited than regular Pilates for people with fragile backs or necks, for example. Fifty complete, illustrated exercises to cover everyone's needs in 30-minute sessions. Each exercise is accompanied by an explanation of its benefits for the body.

KEY ARGUMENTS

- A very popular method because it's so accessible (easy to do at home) and safe (using a wall cultivates attention to detail in postures and exercises).
- For all ages and people with certain physical limitations.
- A clear guide by a professional to ensure ease of use.

THE AUTHOR

With a passion for the human body and its mechanism, **Emilie Yana** is a professional dancer, Pilates instructor, pre- and post-natal yoga teacher, and is trained in the De Gasquet method. She also published for Solar Éditions.

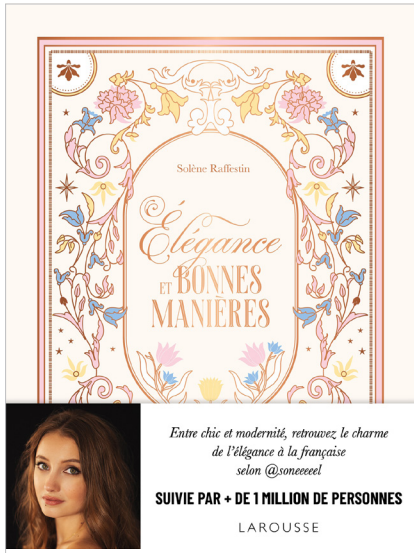
Rights sold:
German.





LIFESTYLE
&
PSYCHOLOGY





€19.95 incl. VAT
25 September 2024
code: 6320577
160 pages
150 x 200mm
Hardcover

ELEGANCE AND GOOD MANNERS

Élégance et bonnes manières

Lifestyle & psychology

Solène Raffestin

THE BOOK

Improve your elegance and good manners to avoid social *faux pas*!

Knowing how to behave at the table, adopting the right outfit for a wedding or a family meal, holding a flowing conversation... Fashion, language, attitude, learn the codes of elegance and "savoir vivre" to avoid *faux pas* in any situation.

KEY ARGUMENTS

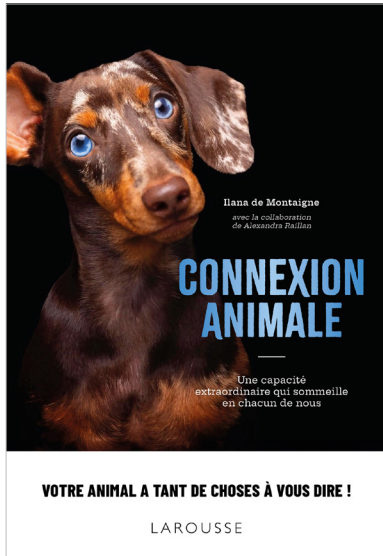
- A book that popularizes elegance and good manners.
- Organized around 3 main themes: elegance of attire, attitude and social skills, and self-expression.
- A timeless theme, that will please a large audience.

THE AUTHOR

Solène Raffestin married a lawyer from a wealthy social class. To fit in with her in-laws, she learned their codes of conduct and decided to share her tips and tricks through her own "bible of good manners" to gather and pass on all her knowledge.

All rights available.





€19.95 incl. VAT
18 September 2024
code: 8101074
256 pages
140 x 205mm
Softcover

ANIMAL CONNECTION

Connexion animale
Lifestyle & psychology

Ilana de Montaigne

THE BOOK

10 steps to connect with your pet and find out what is in it's mind!

We all dream of knowing what our pets are thinking, experiencing and feeling. In 10 steps, this guide offers a way to develop the extraordinary capacity that lies dormant in all of us: the animal connection. Supported by numerous incredible, tender and sometimes unusual animal connection stories, each stage defines a goal and provides concrete exercises with basic techniques for transmitting and receiving messages to and from your animal.

KEY ARGUMENTS

- A practical guide with all the tools you need to establish telepathic contact with your pet!
- Household animals are often regarded as members of the family, you will finally be able to understand them better.
- The human-pet bond, a theme full of gentleness and strong positive emotions.

THE AUTHOR

Ilana de Montaigne founded *L'école des animaux* in 2019 to respond primarily to the needs of professionals and to enable everyone to develop this natural ability. *L'école des animaux* offers individual coaching and training, nature retreats and online content.

All rights available.





€29.95 incl. VAT
 2 October 2024
 code: 5658544
 240 pages
 195 x 260mm
 Hardcover

RENOVATION, GET STARTED!

Rénovation, lancez-vous !

Lifestyle & psychology

Lilian Gougeon
 Valentin Richard

THE BOOK

Breaking, repainting, tiling, insulating, decorating... all the techniques you need to make your home the way you want it, as inexpensively and professionally as possible!

In 2020, Lilian & Valentin took the crazy gamble of buying a house and renovating it themselves. Drawing on this experience, they share their advice, step-by-step techniques and to-do lists to build a project (budget, planning, plans...), renovate a property (pictorial techniques for walls, floors, ceilings, plumbing...), furnish and decorate (inspiration boards, decorating tips...).

KEY ARGUMENTS

- A complete guide: step-by-step tutorials, inspiration boards, to-do lists, and more!
- In a tone accessible to real beginners.
- Self-renovation is a growing trend!

THE AUTHORS

Lilian Gougeon and **Valentin Richard** are two renovation novices who learned everything on the job. Their aim is to give you the confidence to start renovating your own dream home. They are also columnists on the TV show *Intérieurs*, where they visit a renovated house every week and give their decorating and renovation advice.

All rights available.





€16.95 incl. VAT
4 September 2024
code: 3842095
176 pages
168 x 220mm
Softcover

I'LL GET STARTED IN 5 MINUTES

Je m'y mets dans 5 minutes

Lifestyle & psychology

Robin Tyonnel

THE BOOK

Maximize your productivity by developing a solid organizational system!

How do you plan your days, balancing work, household chores, leisure activities and personal projects? In all areas of daily life, optimize your productivity without bordering on burn-out, thanks to a different method. Motivate yourself sustainably and neutralize procrastination, build a tailor-made organization system, set goals in stages, and know how to divide your time and prioritize. You'll be more efficient while feeling like you're working less!

KEY ARGUMENTS

- A perfect-sized book packed with information and tips to get organized.
- An effective method with well-known strategies: Pomodoro method, active memory, 10% rule, and more!
- Improving your daily routine, a trend topic.

THE AUTHOR

After unsuccessfully testing a number of organization systems during his student years, **Robin Tyonnel** finally built his own, which really suited his needs. Following this experience, he launched his own activity and provides training courses on how to get organized. Distractions, procrastination, he knows how to master them into productivity!

All rights available.





€19.95 incl. VAT
28 August 2024
code: 1607965
192 pages
140 x 205mm
Softcover

IRRESISTIBLE

Irrésistible
Lifestyle & psychology

Nathalie Lefèvre

THE BOOK

Conquer your destiny with the law of attraction!

This book revisits and modernizes the concept of the Law of Attraction, which consists in formulating your requests to the universe in order to receive what you want. We all have the ability to write our own destiny, to attract it, even to seduce it, because we ourselves are the source of energy. Whether we want to meet our soulmate, find the job of our dreams, attract abundance or simply find inner peace, this book guides us step by step to adopt the right posture and develop our field of attraction in all areas of our lives.

KEY ARGUMENTS

- An unprecedented approach to a timeless subject: the first ever guide to seduce your existence!
- Various topics are covered: self-judgment, failures, negative patterns, vibratory level, sexual energy, other peoples' gaze.
- Graving control of your life, transform your existence positively—a steadily increasing trend.

THE AUTHOR

Nathalie Lefèvre is a personal development coach. She leads numerous courses and women's retreats, and offers online training courses and conferences (including a TEDx) in which she delivers concrete tools for a more harmonious life with oneself and with others.

PREVIOUS TITLE



That's it! I'm Marrying Myself
code: 6941035
25 April 2018
180 pages
€14.90 incl. VAT

Previous rights sold:
Arabic.





€19.95 incl. VAT
11 September 2024
code: 8101320
320 pages
135 x 215mm
Softcover

WELCOME TO THERAPY

Bienvenue en thérapie
Lifestyle & psychology

Hélène Vecchiali

THE BOOK

An immersive experience in a therapist's office!

What goes on in a therapist's practice, that inaccessible, mysterious closed space outside time and space? In this book, the author looks back at the 17 patients who left the strongest impression on her. Through their stories and disorders (anorexia, phobias, abandonment anxiety, traumas, depression...), she highlights the decisive moment when therapy shifted and the impact it had on her. At the end of each example, she offers a clear breakdown of the analysis (Oedipus complex, maternal castration, family secrets, dream analysis, trauma theory, dissociation...), taking us on a fantastic journey to the heart of the human soul.

KEY ARGUMENTS

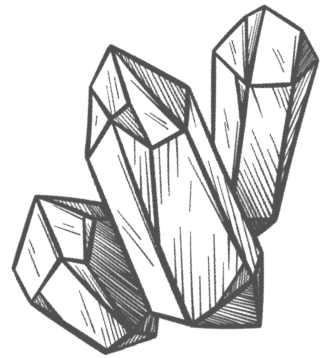
- A book that reads like a novel!
- Therapy is becoming a steadily more important element of life.
- An original approach to the topic, guided by an expert in the field!

THE AUTHOR

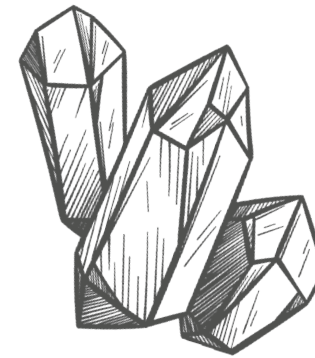
Hélène Vecchiali is a psychoanalyst and coach to top executives. She is the author of numerous books and is frequently called upon by the media for her expertise.

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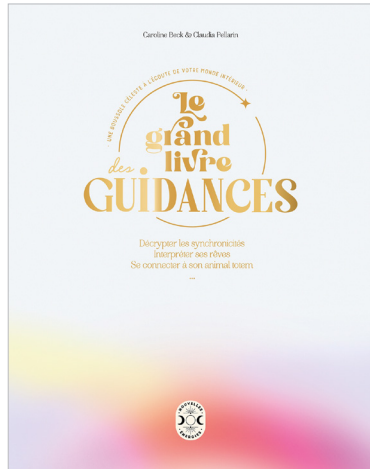




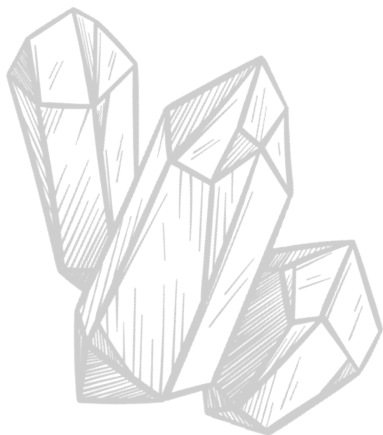
ESOTERICISM



LAROUSSE



€24.95 incl. VAT
11 September 2024
code: 3988044
224 pages
185 x 235mm
Hardcover



THE GREAT BOOK OF GUIDANCES

Le grand livre des guidances

Esotericism

Caroline Beck
Claudia Pellarin

THE BOOK

In search of your celestial compass!

In this book, you'll discover ancestral beliefs and spiritualities, the power of intuition and how to develop it, as well as different types of guidance: synchronicities, messages from nature, the medicine wheel, the Egyptian tarot, numerology, oneiromancy and mediation. To accompany you in this exploration and find the guidance that suits you, practical exercises with commentary, testimonials, specific tools... these resources will help you on your life's path, in difficult situations, to heal certain wounds, or to gain new momentum!

KEY ARGUMENTS

- Esotericism, a subject that's reaching an ever-wider audience.
- At the heart of personal development practices, a trendy topic!
- Authors specialized in the subject.
- A book to guide readers in developing their own abilities.

THE AUTHORS

Caroline Beck is an energetic therapist, path opener and wind blower. She helps people reconnect with their essence.

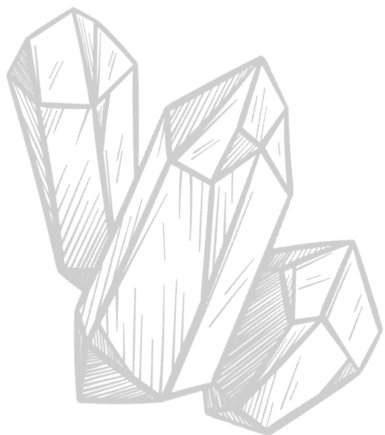
Claudia Pellarin is an energetic artist and self-awareness coach, using body expression and intuitive art to help people of all ages move forward.

All rights available.





€19.95 incl. VAT
4 September 2024
code: 1009869
224 pages
135 x 215mm
Softcover



CONNECT WITH YOUR INNER SELF

Aller à la rencontre de son âme

Esotericism

Valérie Seguin

THE BOOK

A fascinating investigation to reconnect with your inner self!

This title invites us to set off on a journey of discovery of our soul, and say, of who we really are. By sharing her experiences (NDEs, magnetism, connection with the dead) and giving the floor to renowned experts (doctors, philosophers, therapists, neuroscientists including Frédéric Lenoir, Laurent Gounelle, Thierry Janssen, Stéphane Allix...) the author offers a fascinating, original and immersive spiritual investigation, that will allow readers to learn more about this topic and start their own interior journey.

KEY ARGUMENTS

- A key subject: you can't talk about life after death without talking about the soul.
- Numerous best-selling books on the subject!
- Many exercises (breathing, meditation, gratitude, forgiveness...) to help readers free their minds, overcome their fears and discover their life path.
- The exceptional participation of the greatest names in the field!

THE AUTHOR

Valérie Seguin is an author and documentary filmmaker about spirituality. After her first book, she went on to produce a series of 4 films on science and spirituality, including *The Soul* and *What if we switched to intuitive and spiritual intelligence in the workplace?*

All rights available.





€29.95 incl. VAT
23 October 2024
code: 8605709
256 pages
195 x 260mm
Hardcover

ARLETTE GRIMM'S GRIMOIRE

Le grimoire d'Arlette Grimm

Esotericism

Arlette Grimm

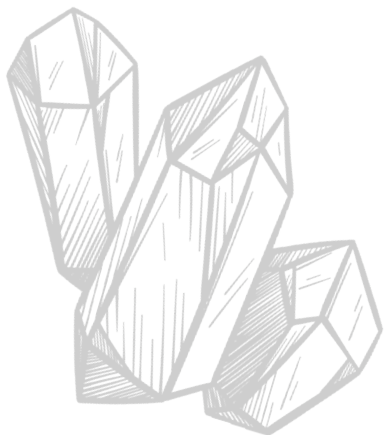
THE BOOK

Spells, enchantments, astrology, divination, sacred tools... Welcome to the modern witch's grimoire!

In this magnificent grimoire, you will learn all secrets for making the most of the magic that lies within each of us on a daily basis. From the history and evolution of the grimoire to astrology and divination, magical herbs and plants, spells, enchantments and correspondences, thank to this beautiful book, become an accomplished modern witch.

KEY ARGUMENTS

- A successful author, with 26,000 copies of her first book *The Little Cauldrons* sold!
- A hot topic on the esoteric market.
- A high-quality book object, with a leather-effect cover and antique book motifs!



THE AUTHOR

Arlette Grimm cooks, bewitches, writes and sings. Enchanting recipes simmer in her home! Protective spells and enchantment jars to inspire you, moon waters to help you, plants to heal your little winter aches, she shares her knowledge of modern witchcraft!

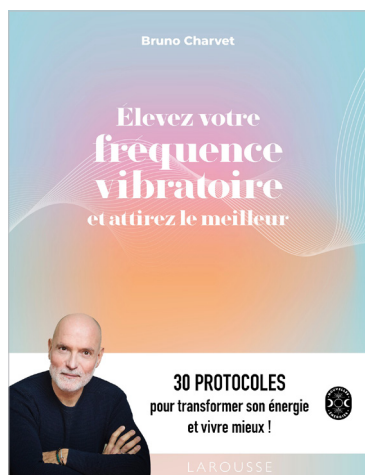
PREVIOUS TITLE



The Little Cauldrons
code: 5139505
12 October 2022
160 pages
200 X 267mm
€20.95 incl. VAT

All rights available.





€19.95 incl. VAT
2 October 2024
code: 6135641
224 pages
168 x 220mm
Softcover

IMPROVE YOUR VIBRATIONAL FREQUENCY AND ATTRACT THE BEST

Elevez votre fréquence vibratoire et attirez le meilleur
Esotericism

Bruno Charvet

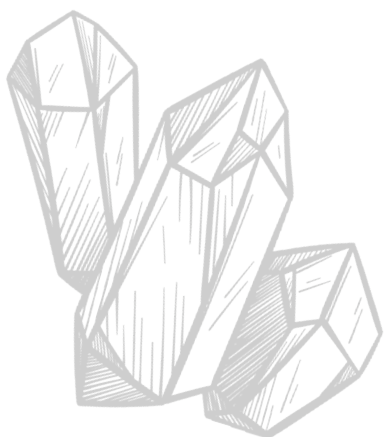
THE BOOK

30 protocols to control energy and live better!

Energy is all around us. Every being, animal, plant, object and person has its own energy. This personal energy is our vibratory frequency. When we want to unblock a situation or change an unhappy relationship, it is important to identify the frequency in which we are evolving, that keeps us away from happiness, so we can modify it. A veritable guide to spiritual guidance, this book offers 30 protocols for transforming our energy and raising our vibratory frequency according to our needs and goals (energy cleansing protocols, meditation, gratitude, transgenerational healing, anchoring rituals, purification, chakra rebalancing, etc.).

KEY ARGUMENTS

- A compassionate author who uses accessible techniques to improve our daily life!
- A powerful theme that echoes the law of attraction.
- A guide book for the general public, with practical, everyday exercises.



THE AUTHOR

Bruno Charvet is a modern, caring medium. In his shows, he benevolently delivers messages from the beyond to anonymous people and celebrities. At the same time, he goes on tour several times a year, and publishes books on the subject.

PREVIOUS TITLE



You Have a New Message
code: 3938395
20 September 2023
134 X 215mm
€18.95 incl. VAT

Previous rights sold:
Portuguese.





€19.95 incl. VAT
9 October 2024
code: 5076383
224 pages
168 x 220mm
Softcover

MAKE YOUR NUMEROLOGY CHART

Faire son thème numérologique

Esotericism

Delphine Ragon

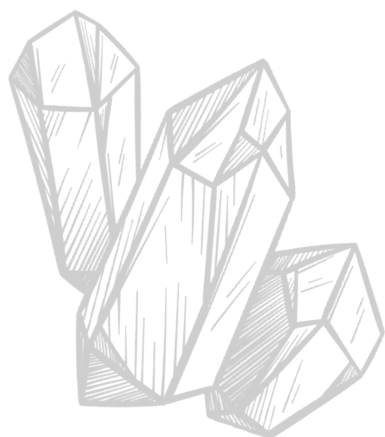
THE BOOK

Decipher the numbers in your life and discover yourself!

Through the study of your day, month, year and birth identity (first and last name) numbers, this book will guide you through the creation of your numerological chart. You'll learn to identify your character, the resources, wealth and talents you can draw on, and how to free yourself from emotional wounds and painful family experiences. Step by step, with the help of numerous tables to personalize, diagrams and exercises, you'll be able to make your own calculations and interpret the results to unfold your potential and guide you with clarity and insight in your decisions and choices (personal, professional, family, love, friends, financial...).

KEY ARGUMENTS

- Numerology, a growing topic around the world!
- A practical guide with numerous tables, diagrams and exercises for daily, personalized practice.
- An innovative, certified method!

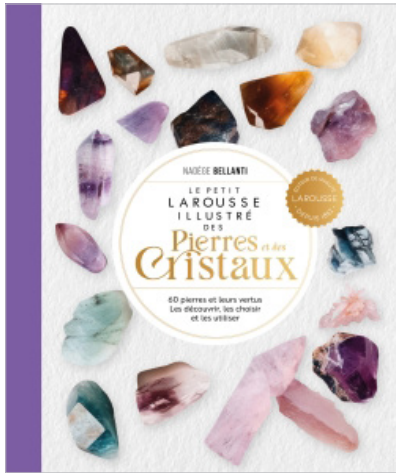


THE AUTHOR

Delphine Ragon has been a numerologist for 18 years. She helps individuals to make better decisions through greater self-knowledge and offers courses and training in France and abroad. She has modernized the practice of numerology by creating her own method and founded the *École de la Numérologie de la Métamorphose*.

All rights available.





€27.95 incl. VAT
16 October 2024
code: 8791838
352 pages
195 x 235mm
Hardcover

THE PETIT LAROUSSE OF GEMSTONES AND CRYSTALS

Le petit Larousse des pierres et des cristaux
Esotericism

Nadège Bellanti

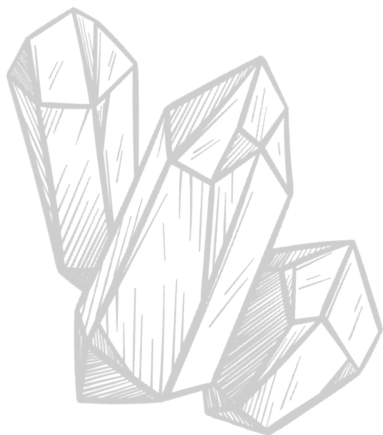
THE BOOK

Transform your life with lithotherapy!

With their extraordinary virtues known since ancient times, crystals have unique benefits for health and well-being. In this beautifully illustrated bible of healing stones, you will find 60 detailed fact sheets on crystals (composition, history and mythology, therapeutic and energetic properties...), as well as a list of psychological and physiological symptoms, and advice and methods for activating the vibratory energy of crystals, choosing and recharging stones, and using them on a daily basis.

KEY ARGUMENTS

- Lithotherapy, a fashionable theme!
- Part of the "Petit Larousse" collection, a proven value coupled with a new trendy topic.
- Attractive interior design and a content rich in information.



THE AUTHOR

Nadège Bellanti is an energy and litho-therapy therapist. She is the author of numerous books on the subject published by Larousse, including the *Mini guide of crystals*, *Mineral Woman* and *the Little Oracle of my child's emotions*.

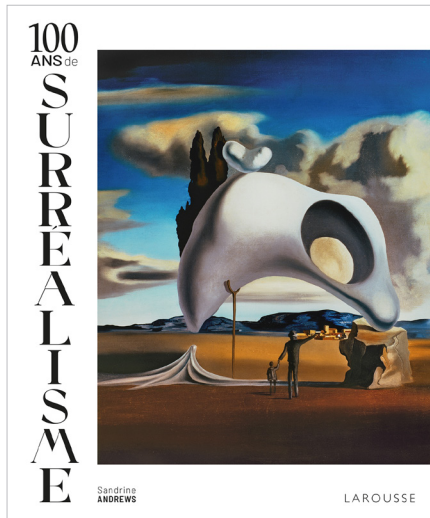
All rights available.





GENERAL
KNOWLEDGE





€29.95 incl. VAT
21 August 2024
code: 7966179
216 pages
238 x 287mm
Hardcover

100 YEARS OF SURREALISM

100 ans de surréalisme

General knowledge

Sandrine Andrews

THE BOOK

The year 2024 celebrates the 100th anniversary of Surrealism, a major movement of the 20th century whose influence remains unmatched today!

What were the major foundations of this movement? Which artists, both men and women, had a lasting impact? How can we interpret its strange and mysterious works? This book explores the greatest Surrealist artists and their key works, not only in painting, but also in literature, poetry, cinema, photography... The reference book on Surrealism!

KEY ARGUMENTS

- Rich, beautiful, and varied iconography!
- A clear approach, organized by major artist, with focuses on the birth of the movement, magazines, surrealist poetry, photography, cinema...
- Written by a specialist in art history.

THE AUTHOR

Sandrine Andrews is a renowned historian specialized in art history. Author of the Fine Art album on *Berthe Morisot* and on *Sport in Art*, she also wrote for the documentary series "Art Explained to Children".

All rights available.





€35.50 incl. VAT
9 October 2024
code: 7972825
240 pages
230 x 280mm
Hardcover

LUXURY VINTAGE

Vintage de luxe

General knowledge

Raul Barragan

Jean-Sébastien d'Oisemont

THE BOOK

The ultimate vintage coffee-table book!

Can you imagine wearing a vintage Hermès scarf, Chanel Première or one of the famous Vuitton travel bags? Would you recognize them? And what are their main characteristics, their history, their trademark, their manufacturing secret? This elegantly vintage book highlights the most iconic, most emblematic, most vintage pieces of each era, and reveals the secrets to identifying and recognizing them. Technical sections decipher each element of the signature pieces, explaining how and why they have become essential and sought-after.

KEY ARGUMENTS

- A strong trend today!
- An original approach with lots of illustrations.
- The perfect guide for recognizing and precisely identifying each piece.



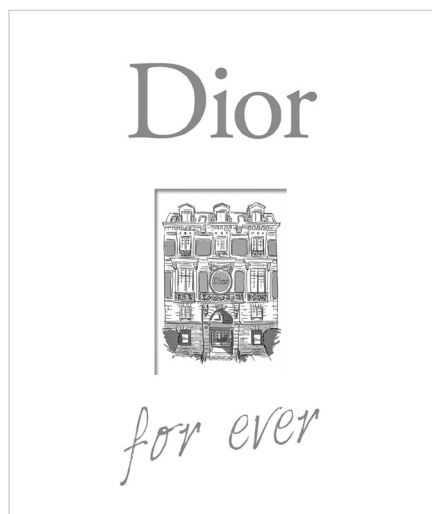
THE AUTHORS

Raul Barragan is the founder of three highly reputed vintage boutiques in Paris.

Jean-Sébastien d'Oisemont is a fashion historian. He is also the creator of The Vintage Icons brand.

All rights available.





€50 incl. VAT
9 October 2024
code: 1237411
136 pages
260 x 309mm
Hardcover

DIOR FOR EVER

Dior for Ever
General knowledge

Catherine Örmén

THE BOOK

An "haute couture" book to unravel the mystery of the house Dior!

Discover the greatest moments of the brand Dior, starting with the "New Look" revolution and Christian Dior's consecration as the "prince" of French haute couture. From the satin bow to the houndstooth pattern, from poetically inspired dresses to men's suits, from Miss Dior perfumes to Eau Sauvage, take a behind-the-scenes look at a house of exceptional creativity, set out to conquer all areas of fashion!

KEY ARGUMENTS

- A best-seller, with over 20,000 copies of the previous edition sold in France.
- Sublime photos and exceptional documents from the House of Dior.
- A luxurious, chic, animated book with remarkable facsimiles!
- An updated edition with additional pages dedicated to the new artistic director of the House of Dior, Maria Grazia Chiuri.



THE AUTHOR

As a fashion historian who wrote several reference works on the history of fashion, **Catherine Örmén** is also an exhibition curator.

Previous rights sold:
Portuguese.





€50 incl. VAT
4 October 2023
code: 5198714
128 pages
260 x 310mm
Hardcover

ABSOLUTELY CHANEL

Absolutely Chanel
General knowledge

Catherine Örmén

THE BOOK

A fine art book on the house of Chanel, the epitome of French elegance!

"Fashion fades, only style remains" said Gabrielle Chanel. Uninhibited, insolent and impatient, Coco Chanel made simplicity the height of luxury. From its beginnings in 1910 through Karl Lagerfeld and Virginie Viard, the daring, unpredictable brand continues to surprise with its extraordinary fashion shows, its legendary perfumes, some of the most exquisite jewellery and its cutting-edge skincare. Through the transmission of unrivalled know-how, it continues to build its legend. Discover a luxury giant more than a century old.

KEY ARGUMENTS

- A complete portrait of the Chanel empire, its history, its great designers and the many fields in which the brand is a symbol of excellence.
- Breathtaking photographs and documents, plus over 30 never-before-seen facsimiles.
- A beautiful book of exceptional format, refined layout, animations and facsimiles.



THE AUTHOR

As a fashion historian who wrote several reference works on the history of fashion, **Catherine Örmén** is also an exhibition curator.

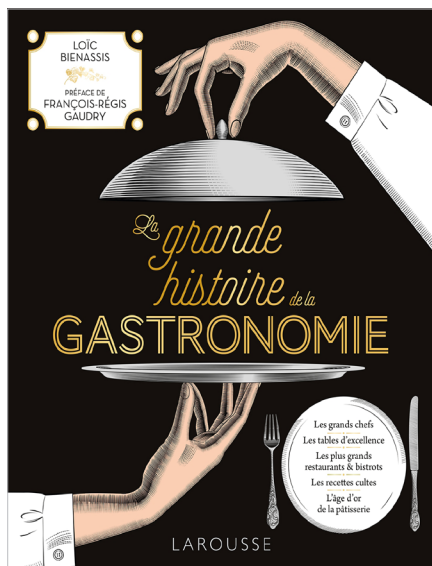
Rights sold:
Portuguese, Greek, Russian, English.

PREVIOUS TITLE



All About Yves
code: 4865930
19 October 2022
258 x 309mm





€35.50 incl. VAT
16 October 2024
code: 8453896
240 pages
250 x 300mm
Hardcover

THE GREAT HISTORY OF GASTRONOMY

La grande histoire de la Gastronomie

General knowledge

Loïc Bienassis

THE BOOK

The reference book on French gastronomy: you'll devour it!

What did the kings of France eat at their royal banquets? When and how was whipped cream invented? What did people eat during the Renaissance? Where did restaurants come from? This richly illustrated book offers a comprehensive and fascinating panorama of the culinary and table arts, from medieval times to the present day, from the brilliant inventor Auguste Escoffier to today's greatest chefs, such as Pierre Hermé and the Pic family. It tells the colorful, flavor-filled story of France's greatest dishes and most prestigious desserts, as being one of the most emblematic part of French culture!

KEY ARGUMENTS

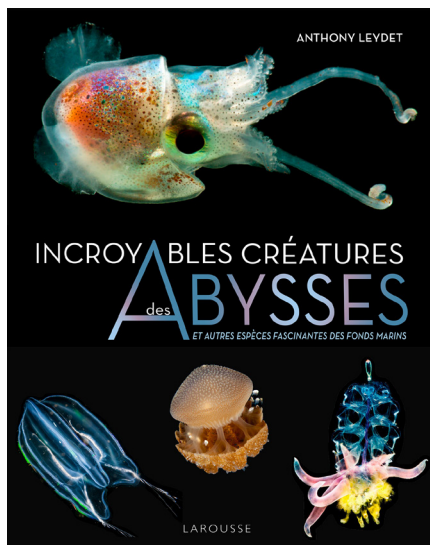
- A beautifully illustrated book on a powerful and fascinating theme!
- Highlighting the origins of emblematic dishes, ancestral culinary traditions and the secrets of great chefs...
- The media coverage of cooking and its great chefs through TV shows has led to a renewed interest in the world of gastronomy.

THE AUTHOR

A History graduate, **Loïc Bienassis'** research initially focused on the diplomatic history of the early 17th century. His current position has led him to take an interest in the history of food, with a particular focus on the notions of gastronomic and culinary heritage.

All rights available.





€25 incl. VAT
25 September 2024
code: 7241274
216 pages
237 x 288mm
Hardcover

AMAZING ABYSSAL CREATURES

Incroyables créatures des abysses

General knowledge

Anthony Leydet

THE BOOK

A dive into the deepest mysteries of the oceans!

The ocean depths are rich in incredible species with uncanny characteristics! What is the purpose of the lantern that the anglerfish wears on its head? How long is the world's longest animal, the siphonophore? What are the powers of the sea slug? How does the abyssal octopus radiate light? This book reveals a new world, absolutely fascinating yet extremely fragile in today's environment.

KEY ARGUMENTS

- More than 100 fascinating marine species are revealed!
- Focus pages on the fragility of the seabed and its undeniable role in climate and environmental balance.
- Rare, and even unique, photographs!
- A genuine ecological and environmental angle.

THE AUTHOR

Anthony Leydet, trained as a marine biologist, naturalist diver, photographer and journalist. A lifelong enthusiast of the marine environment, he studied marine biology at the Centre d'Océanologie in Marseille. He is the author of *100 breathtaking dive spots*, published by Larousse!

All rights available.





€29.95 incl. VAT
11 September 2024
code: 5113817
192 pages
230 x 280mm
Hardcover

THE LEGENDS OF TENNIS

Les légendes du tennis

General knowledge

Rodolphe Gaudin

THE COLLECTION

A series on legendary sportsmen and women!

Meet the legendary players of the world's most watched individual and team sports, and relive the greatest games that have moved and marked millions of TV viewers. Already famous or on their way to becoming so, they play, for clubs or national teams, and have all impressed on the latest championships and competitions in their respective sports. But how far have they come to become such legends? What are their technical qualities? Who stood out and won the most trophies? These richly illustrated albums offer an exceptional portrait gallery featuring over 100 players, each more talented than the last in their field.

KEY ARGUMENTS

- Sport: a popular theme worldwide!
- A series of books full of anecdotes and beautiful illustrations.
- Highly illustrated to contemplate with pleasure players that make stadiums vibrate!



THE AUTHOR

Rodolphe Gaudin is a specialist sports television anchor, commentator and journalist. He has covered sports events for several decades. He is also the author of many books on sport, having witnessed the greats games live in action.

All rights available.



The Legends of Cycling
code: 1240979
09 October 2024

PREVIOUS TITLES

The Legends of
Rugby
code: 4864217

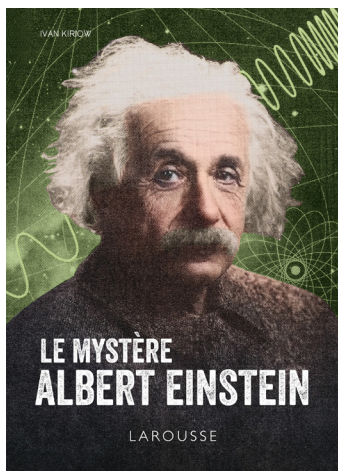
The Legends of
Football
code: 5193547

The Legends of
Basketball
code: 5202663

Previous rights sold:
English.



LAROUSSE



€15.95 incl. VAT
9 October 2024
code: 1669903
256 pages
148 x 210mm
Softcover

THE ALBERT EINSTEIN MYSTERY

Le mystère Albert Einstein

General knowledge

Ivan Kiriow

THE BOOK

An invitation to discover the many aspects of a fascinating character and the incredible journey that led to the discovery of his theory of relativity ($E=mc^2$)!

Meet one of the greatest geniuses of all time, winner of the Nobel Prize in Physics in 1921. Explore his world and follow him step by step through his major research projects, such as the photon and the theory of special relativity, which revolutionized our understanding of time, space, and the universe. Discover the other side of the scientist, that of a free, committed, humanist and profoundly pacifist.

KEY ARGUMENTS

- A trade biography accessible for all.
- Includes many illustrations.

THE AUTHOR

Ivan Kiriow is a scientific journalist with a PhD in the history of science. He has written several books for the general public exploring his favourite scientific topics.

PREVIOUS TITLES



The Robert Oppenheimer
Enigma
code: 6204332



Marie Curie: A Fascinating
Woman
code: 5794587
5 June 2024

All rights available.




LAROUSSE



€29.95 incl. VAT
9 October 2024
code: 7235915
240 pages
235 x 288mm
Hardcover

IMAGINARY REALMS

Royaumes fantastiques
General knowledge

Julie Hay
Amandine Jonniaux
Arthur Nicolle

THE BOOK

Behind the secrets of the greatest heroic fantasy masterpieces!

Cinema, literature and video games have created worlds that are absolutely fascinating, magical and frightening, made up of heroic battles, bewitching and fantastic creatures and stories of alliances and territories. Whether it's the precursor *Willow*, *Game of Thrones* or *The Lord of the Rings*, these extraordinary adventures have become legendary. Discover in this comprehensive and highly illustrated book where these worlds have their roots. Through this book learn more about these realms and their history, revealing an essential part of Western culture today, and the origins of modern myths!

KEY ARGUMENTS

- A beautifully illustrated book with an atmosphere as mysterious as the worlds it describes!
- A powerful theme analyzed in a comprehensive and fascinating way.
- With the success of heroic fantasy series and films, a perfect gift!



THE AUTHORS

Julie Hay is a journalist specialized in cinema and TV series. Her passion for magic and adventure has given her a wealth of knowledge on the subject.

Amandine Jonniaux is a tech and pop-culture journalist, with a strong interest in the origins of myths.

Arthur Nicolle is also a journalist specialized in pop culture.

All rights available.





€35.50 incl. VAT
9 October 2024
code: 6521951
256 pages
258 x 308mm
Hardcover

THE GREAT EVENTS OF THE 20TH CENTURY THROUGH MAPS

Les grands événements du XX^e siècle par les cartes
General knowledge

Didier Chirat

THE BOOK

20th century history like you've never read it before!

How does the 1918 Treaty of Versailles implicate all the future conflicts of the 20th century? Under what circumstances was the State of Israel created in 1948? Why did Hitler come to power in 1933? When did Al-Qaida and other terrorist networks come into existence? How did the borders of Eastern Europe take shape in 1989, with the fall of the Berlin Wall? The 1962 missile crisis, the Cold War, decolonization... so many events that changed the face of the world and shaped a century of wars are explained in this book. Each incident is placed in its precise historical and geopolitical context, enabling the reader to understand how today's world came into being, its current borders, and the major issues at stake.

KEY ARGUMENTS

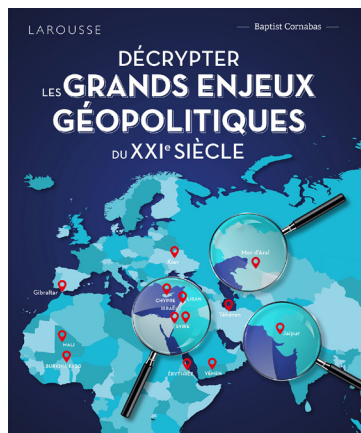
- Extremely large-format maps, some of them antique and unpublished.
- Striking, rarely published photographs!
- With well-documented texts.

THE AUTHOR

Didier Chirat is a historian and history-geography teacher. After writing numerous books on historical anecdotes, he is the Larousse author of *The Surprising Middle Ages*, *The History of France through Maps*, *The First World War through Maps* and *The Amazing History of France*.

All rights available.





€25 incl. VAT
2 October 2024
code: 8275516
352 pages
195 x 220mm
Softcover

DECODE MAJOR GEOPOLITICAL STAKES OF THE 21TH CENTURY

Décrypter les grands enjeux géopolitiques du XXI^e siècle

General knowledge

Baptist Cornabas

THE BOOK

The major geopolitical issues of the 21st century deciphered!

Why is the Israeli-Palestinian conflict unsolvable? Why are conflicts and crises concentrated in the Middle East? How is the European Union threatened today? How can we explain Russia's territorial ambitions? So many questions that seem difficult to answer in a straightforward manner! This book has taken up the challenge... and offers a clear, accessible overview of the major issues the world is currently facing. Borders, challenges, conflicts, revolutions... supported by precise, easy-to-understand maps. This book will allow readers to decipher the world.

KEY ARGUMENTS

- Clear, color-coded maps and information-packed content
- Photographs to clarify the subject matter.
- A wealth of information in a language accessible to the general public!

THE AUTHOR

Baptist Cornabas is a certified secondary school teacher. Keen to deepen his understanding of history and today's world, he is a frequent media and press contributor. He is also the author of *Let's talk geopolitics*, published by Larousse.

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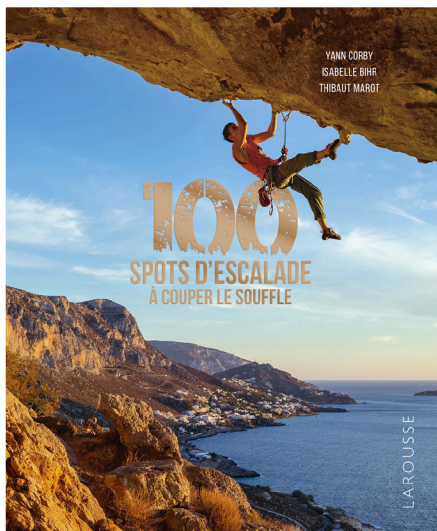


TOURISM



LAROUSSE





€25 incl. VAT
9 October 2024
code: 8102553
192 pages
235 x 285mm
Hardcover

100 BREATHTAKING ROCK-CLIMBING SPOTS

100 spots d'escalade à couper le souffle

Tourism

Yann Corby
Isabelle Bihl

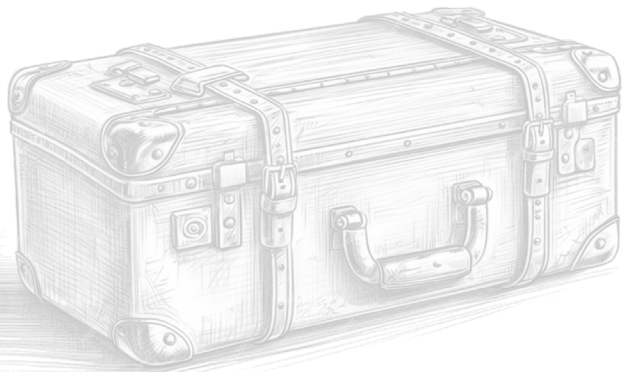
THE COLLECTION

Astonish, surprise and amaze!

Discover the story of breathtaking places, which will lead you down paths that are often overlooked and just waiting to be explored! Dive into a world of travel and adventure, let yourself be dazzled by what the world has to offer. With 100 magnificent large-format pictures taken by professionals, these spectacular books will take you on many exciting journeys. Texts and maps accompany the photos, evoking the history of these astonishing places and their geographical location.

KEY ARGUMENTS

- A successful series with already 15 titles and more than 100,000 copies sold!
- Never-before-seen content, high-quality photographs, and concise texts.
- A series of illustrated books to dream about!



THE AUTHORS

Yann Corby is one of the world's most renowned climbing photographers. For years, he has been exploring the cliffs of America, Australia and Europe and the less expected, more exotic cliffs of tropical islands in the company of exceptional climbers and his cameras.

An avid climber and photographer for over 25 years, **Isabelle Bihl** combines her two passions and creates original climbing photographs. Since 2011, she has been delivering turnkey stories for climbing magazines. She also works as a climbing instructor, teaching beginners as well as coaching, and organizing advanced climbing courses.

PREVIOUS TITLE



100 breathtaking diving spots

Anthony Leydet

code: 7380321

11 October 2023

216 pages

Rights sold:
English.

LAROUSSE



€25 incl. VAT
11 September 2024
code: 7640045
216 pages
230 x 280mm
Hardcover

BREATHTAKING ITALIA

L'Italie à couper le souffle

Tourism

Adeline Gressin

THE COLLECTION

Unexpected and fabulous journeys around the world!

The world offers a wealth of unique regions and landscapes. Each country has its own millennia of history, rich artistic and architectural treasures, vivid colors, inimitable gastronomy, museums and roads everyone dreams of exploring! These lands are brimming with breathtakingly beautiful sights, and this book will help you discover them, and more! From temples to palaces of exceptional architecture, from astonishingly modern cities to traditional villages, from incredible capitals to immaculate islands, this book takes you on a journey through the history, customs and gastronomy, landscapes and art of countries around the world!

KEY ARGUMENTS

- Exceptional, breathtaking photographs!
- Texts written by specialists.
- Numerous cultural focuses on customs, gastronomy, art, cinema...

THE AUTHOR

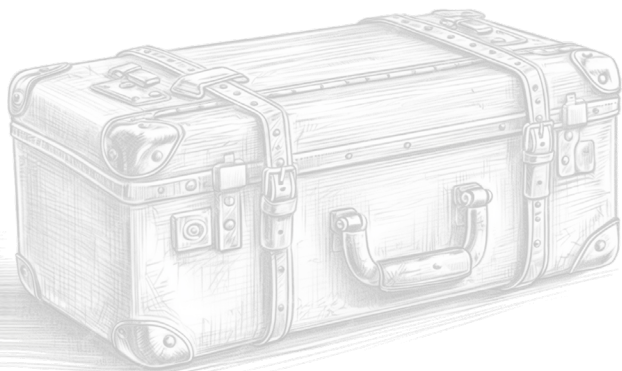
Adeline Gressin has been traveling the world since 2009. Thanks to her many experiences and her passion for adventure, she shares advice, tips and discoveries with travel lovers and takes us to foreign lands.

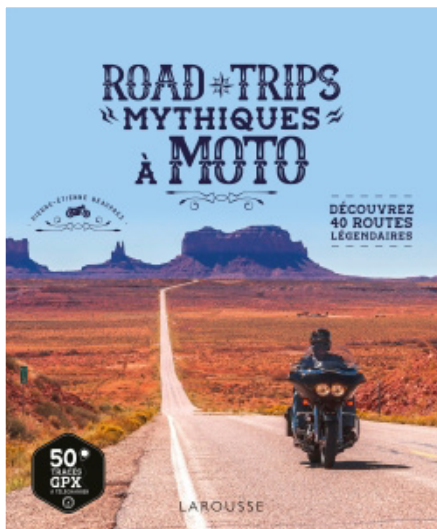
OTHER TITLE



Breathtaking Korea
Melissa Maloungila
code: 6963418
11 September 2024
€25 incl. VAT

Previous rights sold:
Spanish.





€25 incl. VAT
9 October 2024
code: 8102676
192 pages
230 x 280mm
Hardcover

MYTHICAL MOTORCYCLE ROAD TRIPS

Road trips mythiques à moto

Tourism

Pierre-Etienne Beauprez

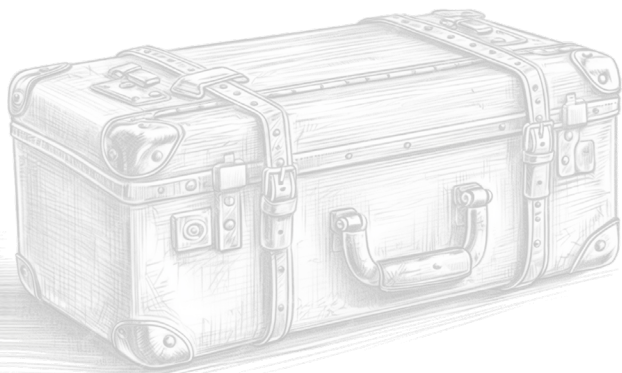
THE BOOK

Do you dream of wide-open spaces and breathtaking landscapes? Look no further, all the legendary road trips are here!

From Route 66 in the USA to the Ruta 40 in Argentina, via the Garden Route in South Africa, the Troll Route in Norway, the Pan-American Highway, the Route of the Blues, the Great Ocean Road in Australia and even the Tour de Corse, you'll find 40 legendary and spectacular road trips from all over the world. For each of them, itineraries are suggested, showing you the sights and local wonders you shouldn't miss. Go ahead! The road and the world are yours!

KEY ARGUMENTS

- Itineraries and practical advice for organizing your own road trips.
- A book for motorcycle enthusiasts who want to discover the world!
- Richly illustrated with GPS exchange format files to scan to guide you through your journey!

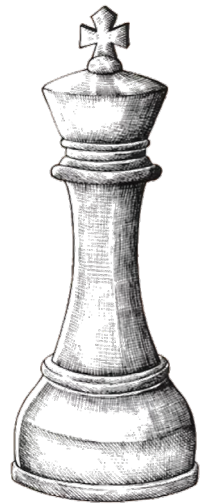


THE AUTHOR

An avid motorcyclist, **Pierre-Etienne Beauprez** spends his free time exploring the roads on his bike. As a globetrotter by nature, he will take you on a journey to discover new lands and encourage you to cross borders. He is also the author of the book *Discovering Europe by Motorbike*, published by Larousse.

All rights available.





GAMES



LAROUSSE





€14.99 incl. VAT
30 October 2024
code: 6882160
250 cards + a 6-sided dice
163 x 165 x 55mm
Box

SQUID GAME - ULTIMATE BATTLE

Squid Game - Ultimate Battle
Games

Fabien Fernandez

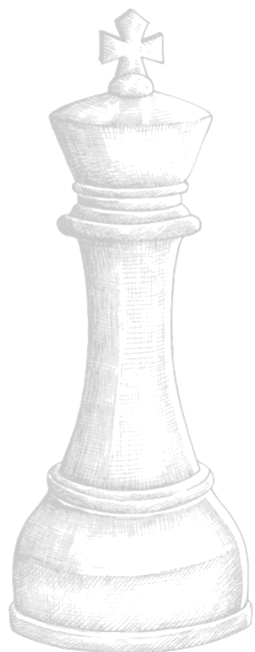
THE BOOK

With 250 cards, recreate the experience of the Squid Game at home for evenings under extreme tension!

Challenges, duels, mimes... Play a character from the series and make it to the final place after several rounds of quizzes, tests, and head-to-head battles! Who will be the ultimate winner of the Squid Game?

KEY ARGUMENTS

- An iconic series with a huge success: a second season is expected in 2024!
- Official partnership with Netflix.
- Endless playability!
- Perfect entertainment for all fans of the serie and those who love to play



THE AUTHOR

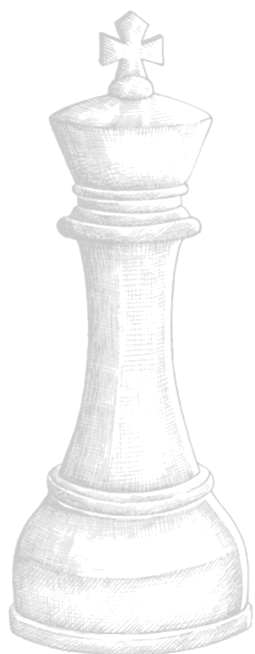
Fabien Fernandez is an author, illustrator, game designer and graphic novel writer. As an accomplished writer and artist, his work has been published by many publishing houses, and his love for games has enabled him to write many book games.

All rights available.





€19.99 incl. VAT
 23 October 2024
 code: 6881545
 230 x 230 x 47mm
 Box with playing elements
 (a 24-page booklet with
 game rules, a game board,
 4 mysterious pages, 60 cards)



ONE PIECE ESCAPE GAME – TREASURE HUNT

One Piece Escape Game – Chasse au trésor
 Games

Nicolas Trenti

THE BOOK

Embark with the Straw Hat Pirates and discover the One Piece!

Monkey D. Luffy, a young adventurer with a thirst for freedom, has only ever had one dream: to find the One Piece and become the King of Pirates! To achieve this goal, he will need to recruit a loyal crew, obtain a ship, and sail the most dangerous seas. On this treasure hunt, he will have to face off formidable pirates, who are also looking for the One Piece too, and escape the Marines on his tail.

Through the different stages, this thrilling escape game, full of references to the live action series *One Piece*, will take you on a journey to explore Shells Town and East Blue. The perfect combination for a complete immersion in a fantastic adventure!

KEY ARGUMENTS

- An escape game in the colors of the live action of the most famous manga: *One Piece*!
- Official partnership with Netflix.
- A game that can also be played with a smartphone!

THE AUTHOR

Nicolas Trenti is an expert in game books. He wrote many Escape Game for Larousse and participates in numerous game developments.

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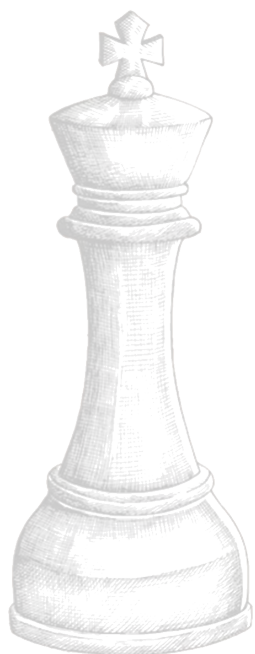


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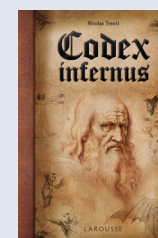
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